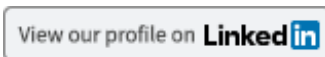
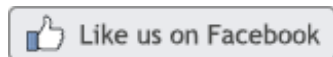


STAY CONNECTED:



## Recovery Talk

Friends of Recovery - New York (FOR-NY) is committed to demonstrating the power of recovery from alcohol and drug addiction, as well as the value that recovery brings to individuals, families and communities throughout New York State. We're delighted to share examples of that power and value in this newest issue of *Recovery Talk*.

[Visit Our Website](#)

### A Letter from Robert J. Lindsey Chief Executive Officer



Over the last week, I have had a series of experiences that reminded me of the critical importance of three words in my life: Gratitude, Passion, and Hope. And then coincidentally (or perhaps not) I came upon a quote from Pope Francis.

"Look to the past with **gratitude**, live in the present with **passion**, and embrace the future with **hope**."

As I reflect on the meaning of those words in my life, my career, as well in our work at FOR-NY, I am profoundly grateful for the extraordinary opportunities that I, and we, have to put a face and voice on recovery; and for the privilege of working with amazing people all over the state who live by these words in their unrelenting advocacy and support of recovery.

[Read More](#)

### 2016 New York Recovery Conference & Celebration



With National Recovery Month (September) rapidly approaching, planning for the New York State Recovery Celebration & Conference is well-underway. The conference presents an excellent opportunity to gather the recovery community from throughout New York State (and beyond!) to teach, to learn, to inspire, and to celebrate recovery from addiction to alcohol or other drugs. Your support of this important event will help to guarantee its success and ultimately benefit the millions of New York individuals and families in recovery.

This conference is aimed at individuals interested in furthering addiction recovery efforts in New York. Attendees will include a mix of individuals in recovery, family members, program administrators and directors, clinical staff, and other addiction recovery professionals from local, state and federal organizations.

For details including the preliminary agenda, key note speakers, registration and hotel information, click [here](#).

### FOR-NY Legislative Update

*Written by Stephanie Campbell, FOR-NY Director of Policy*

In April of 2015, FOR-NY began a series of Recovery Talks, modeled after the Faces & Voices Community Listening Forums, aimed to gather information around the state from members of the recovery community to share information and recommendations with state and local officials on what is needed to address the current addiction epidemic. Testimony and recommendations shared at the FOR-NY Recovery Talks listening forums by individuals, family members, as well as friends and allies of the addiction and recovery community emphasized the need for a comprehensive approach to the public health crisis.

Based on their recommendations, as well as those from members of local Recovery Community Organizations (RCOs) around the state, FOR-NY supports several bills in the New York State Legislature that address prevention, treatment and recovery - and which we believe will support solutions for individuals and families impacted by addiction and help build and sustain their recovery.

[Read More](#)

# Recovery Story

This issue's Recovery Story comes from Corey Wesley of New York City.

In January, 2013, I launched FLRT (Freely Living Real & True) to help support those struggling with the chronic disease of addiction, combat the stigma wrongly associated with addiction, and promote a motivational slogan supporting prevention and treatment, as well as to prove that recovery works with empowerment.

[Read More](#)

## Multiple Pathways of Recovery\*

### Thoughts on Medication-Supported Recovery (MSR)

Written by: Charles W. Morgan, M.D., DFASAM, FAAFP, DABAM, Acting Medical Director, New York State Office of Alcoholism & Substance Abuse Services; Medical Director, John L. Norris Addiction Treatment Center; and Mr. Robert Kent, General Counsel, New York State Office of Alcoholism & Substance Abuse

For some people medications can provide a lifesaving pathway to recovery. The Food and Drug Administration (FDA) has approved medications for two substance use disorders, namely alcohol and opioid use disorders, although some addiction specialists use other medications "off label" for treating other types of substances. Physicians may appropriately use medications "off label" at their discretion and according to their best judgment for not just addictive disorders but any disorder. Today we will be considering only those medications which are FDA approved.

[Read More](#)

\* Until recently, most in the Recovery arena have used the phrase "Multiple Pathways to Recovery." However, Recovery writer, William White, has pointed out that phrase references finding recovery, rather than both finding and sustaining it. Further, the Connecticut Community for Addiction Recovery has chosen to title it's upcoming conference - Many Pathways OF Recovery. As such, we are also embracing that verbiage.

## Youth Clubhouses

### Creative Arts Clubhouse Set to Open in Amsterdam

Readers of Recovery Talk know that earlier this year, NYS OASAS awarded grants to seven community groups throughout the state to build youth clubhouses for adolescents and young adults in recovery or those who are simply looking to maintain a drug-free lifestyle. We recently spoke with Ann Rhodes, Executive Director of the Hamilton, Fulton, Montgomery Prevention Council (one of the grant recipients) about the clubhouse being built in Amsterdam.



The Creative Arts Clubhouse in Amsterdam.

[Read More](#)

## The Family Corner

### Family Support Navigation Services Written by Susan Murphy, FOR-NY Director of Communications

Family Support Navigation Services (FSNS) are a fairly new and extremely welcome component in the Addiction and Recovery arena. We know that family members of addicted individuals suffer greatly and that they need their own counseling and various other supports to stay physically and emotionally healthy themselves. Thanks to the emergence of Family Support Navigation Services, more family members have an opportunity to receive the treatment they need; and we know that when family members are well, the addicted individual has a better chance at achieving and sustaining recovery.



FOR-NY recently spoke with one of the first Family Support Navigators in New York State, Ambi Daniel, to hear more about this important new support for families.

[Read More](#)

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## 13th Annual Recovery Fine Arts Festival

### Call For Entries!

FOR-NY, in partnership with the New York State Office of Alcoholism & Substance Abuse Services (OASAS), is delighted to announce the 13th Annual NYS Recovery Fine Arts Festival Call For Entries

All entries will be featured in a slideshow at the NYS Recovery Conference & Celebration, August 31st and September 1st in Troy, and displayed at the Empire State Plaza Concourse, September 3rd-30th in Albany.

Awards, including the NYS OASAS Commissioner's Award, will be presented at the Alcoholism & Substance Abuse Providers Annual Conference in Saratoga during the weekend of October 16-19. (Exact date/time TBD.)

Entries will be judged on how well they reflect the theme of this year's National Recovery Month:  
Join the Voices for Recovery  
Our Families, Our Stories, Our Recovery!

For additional information about the festival and how to submit your masterpiece, click [here](#).

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## Recovery Community Organizations Supporting & Sustaining Recovery at the Community Level

### Spotlight on FOR-Orange



We're delighted to shine a light on Orange County's Recovery Community Organization, FOR-Orange, and the wonderful work they're doing on behalf of recovery in Orange County and beyond!

Q: When was FOR-Orange founded?

A: There was an early attempt for form a recovery advocacy group in 1998. The Rockland County Council took the lead on a grant that supported 14 counties in forming froups to support recovery. Orange Advocates, as the group was named, lasted until about 2001. Friends of Recovery - Orange began on October 8, 2014.

[Read More](#)

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## Recovery Community Outreach Centers Providing Information, Support, & Education to Sustain Recovery



We anticipate the announcement of the six organizations selected (from more than 40 applicants) to receive funding for the establishment of Recovery Community Outreach Centers (RCOCs) any day now. We look forward to the announcement and lending our support as they build this essential Recovery support in their communities.

## On The Road

The FOR-NY team continues to host and partner on recovery-focused events, conferences and trainings, and to meet with local RCOs and RCCs throughout New York. Here's a sampling of what we've been up to since our last issue.



Facilitators & participants in the FOR-NY NYC Youth Recovery Dialogue presented in partnership with NYS OASAS - May, 14, 2016 - NYU Silver School of Social Work



Members of Road Recovery perform at the FOR-NY Youth Recovery Dialogue in NYC



Facilitators and attendees at the FOR-NY NYC Family Dialogue on May 21, 2016



FOR-NY's Theresa Knorr & Stephanie Campbell help to facilitate the FOR-NY NYC Family Dialogue on May 21, 2016 at the Church of the Ascension Parish Hall in Manhattan.



Addiction Recovery Services' Founder and Recovery Coach, Margaret Price joins OASAS' Coordinator of Adolescent, Women's & Children's Services, Maria Morris-Groves, to assist with sign-in at the NYC Youth Recovery Dialogue



FOR-NY's Bob Lindsey, Theresa Knorr & Stephanie Campbell at CCAR's "Many Pathways to Recovery" conference, May 2-4, 2016 in Mystic Connecticut.



Bob Lindsey speaks about the need for Recovery



supports and services at the Senate & Assembly press conference to address heroin and opioid legislation on June 1, 2016.



Community-Based Recovery Supports teleconference  
-- NYC contingency - May 19, 2016



Panelists & Presenters at the Recovery Talks: Community Listening Forum in Nanuet (Rockland County). Presented in partnership with RCADD and FOR-Rockland.



Keynote speaker, Bob Lindsey, joins NCADD-RA's Executive Director, Jennifer Faringer, and OASAS' Acting Medical Director, Dr. Charles Morgan at the NCADD Rochester 70th Anniversary Luncheon.

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## ***FOR-NY Board of Directors & Professional Staff***

### ***Meet Richard Buckman***



Richard Buckman

We're delighted to introduce you to FOR-NY Board member, Policy Chair, and founding President, Richard Buckman! Richard has been in long-term recovery since 1988 and is a founding member of the Long Island Recovery Association (LIRA) which was created in 2000 to advocate for the rights and needs of individuals in recovery from addiction, as well as their family members.

[Read More](#)

And click [here](#) to see a complete list of the FOR-NY Board of Directors & Staff.

## ***FOR-NY Board of Directors & Professional Staff***

### ***Meet Theresa Knorr***



Theresa Knorr

We're delighted to introduce FOR-NY's Director of Recovery Education & Training, Theresa Knorr. Theresa has more than 30 years of experience in counseling, coaching, and case management, specializing in addiction and mental health treatment and recovery. And we're thrilled to have her on the team!

[Read More](#)

Click [here](#) to see a complete list of the FOR-NY Board of Directors & Staff.

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## ***Coming Events Mark Your Calendars!***

### **July 20**

Last call for Art Festival submissions. Click [here](#) for additional information.

### **Aug. 31st - Sept. 1st**

New York State Recovery Conference & Celebration - Presented in partnership with NYS ASAP. Click [here](#) for details and registration.

Watch for announcements regarding various training sessions and workshops in the next several months.

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## ***Do You Believe In Recovery? Donate Now***

Do you believe in Recovery? If so, please consider making a donation to FOR-NY. Your tax-deductible contribution will help to maximize the reach and impact of our critical work. Donations may be made in the form of a gift of general support, memorial, bequest, or tribute. Click [here](#) to learn more.

FOR-NY has established The Campaign for Addiction Recovery (CFAR); a new campaign aimed at breaking down the barriers that prevent access to programs and services designed to minimize relapse and maximize opportunities for sustained Recovery. Contributions to CFAR will increase our ability to advocate for the rights of people impacted by addiction.

Every dollar raised will be used to advocate for the following:

- ☐ State and Federal Funding to Expand Prevention, Treatment, Recovery Support, and Research
- ☐ Insurance Coverage for Treatment and Ongoing Recovery Support
- ☐ Elimination of Discrimination Against Those Who Suffer from Addiction
- ☐ Access to Safe, Supportive Recovery Housing
- ☐ Education and Recovery Support for Families

For additional information on the Campaign For Addiction Recovery (CFAR), click [here](#). To learn how you can help to support the campaign, contact Robert Lindsey at 518-487-4395 or [RLindsey@for-ny.org](mailto:RLindsey@for-ny.org).

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