

RECOVERY TALK

Friends of Recovery - New York (FOR-NY) is committed to demonstrating the power of recovery from alcohol and drug addiction, as well as the value that recovery brings to individuals, families and communities throughout New York State.

We're delighted to share examples of that power and value in this newest issue of Recovery Talk.



Addiction and the Elderly

Alcohol and drug use problems, among older adults are one of the fastest growing health problems in the United States. The rate at which our senior population is developing substance use disorders (SUDs) is startling and must be addressed. According to the National Council on Alcoholism & Drug Dependence (NCADD).

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Recovery Needs Survey Results **Focusing the Lens of Recovery on Young People**

In this month's special report, we turn our attention to young people in recovery.

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Recovery Coaching **An interview with Ruth Riddick**

As promised, this month's column addresses the sometimes confusing Certification of Recovery Coaches.

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Welcome A-Board!

FOR-NY is delighted to welcome founding Board member, Mr. Chacku Mathai, CPRP, back to the FOR-NY Board of Directors.

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CENTER FOR COMMUNITY ALTERNATIVE
INNOVATIVE SOLUTIONS FOR JUSTICE

Recovery Community & Outreach Center
Rochester Recovery Community & Outreach Center

The Rochester Recovery Community & Outreach Center (RRCOC) grew out of one of the first Recovery Community Centers (now known as Recovery Community & Outreach Centers) to open in New York State.

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Multiple Pathways of Recovery Celebrate Recovery

In this issue of Recovery Talk, we introduce another of the many pathways to (and of) Recovery – Celebrate Recovery! Thank you to Amy Dean, Ministry Leader of The Landing (Celebrate Recovery for Students) at Pine Knolls Alliance Church in South Glens Falls; and Landing Rep for the NE region of the U.S.

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Recovery Community Organization Columbia Pathways to Recovery

We are delighted to introduce one of the newer RCOs in New York State, Columbia Pathways to Recovery (CPR). Formed earlier this year, CPR is a vital and active RCO making a difference in Columbia County.

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A Letter from the CEO Robert J. Lindsey

The Holiday Season is once again upon us and with it, an opportunity to reflect on the year gone by, and the year to come. For those of us living in recovery from addiction (individuals and family members), it can be a season of joy and laughter; of giving and of giving thanks.

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Youth Spotlight YMCA Youth & Young Adult Clubhouse

We recently had the pleasure of speaking with Mr. Vincent Taliaferro, M.H.S., CASAC and Project Director of the Youth & Young Adult Clubhouse to learn more about this vital new recovery support in the Bronx.

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Legislative Update A Closer Look: Surgeon General's Report Spells Good News for the Recovery Community

On November 17, 2016, U.S. Surgeon General Dr. Vivek Murthy issued a call to action to local, state and national leaders to end "the public health crisis of addiction."

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Recovery Story Stacy C.

I was a binge drinker for a long time, but managed to sustain my schoolwork and my job by restricting my binges to weekends.

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On the Road

FOR-NY staff have been traveling all over the state to demonstrate the power and promise of recovery! Check out some of the places we have been.

[Click to See More Pictures >>](#)



Donations

Do you believe in Recovery? If so, please consider making a donation to FOR-NY.

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